



# ***Longhorn Stampede***

***May 18, 2019***

***Sponsored by the HRC Wellness Center***

- What:** A fun event to promote the benefits of a healthy and active lifestyle.
- Events:** Age Graded 5K (Run/Walk)  
Kids Run (young kids paired with parent/family member or older runners)
- Where:** Holcomb Recreation Commission Building - 106 Wiley St. in Holcomb.
- Race Times:** 8:00 am - 5K  
Approx 8:45 am - Kids "Buddy" Run
- Registration:** 7:00am – Pre-Registration is highly encouraged  
T-Shirts & goodie bags will not be guaranteed without pre-registration.  
**Pre-registration Deadline is: 5:00pm on Thursday, May 9.**

<b>Fees:</b>		<b>**Group / Club**</b>	<b>Non-Members</b>
	<b>5K</b>		
	- Thru May 9	<b>\$20.00</b>	<b>\$25.00</b>
	-After May 9	<b>\$25.00</b>	<b>\$30.00</b>
	<b>Kids Race</b>	<b>FREE (includes a T-Shirt)</b>	

**\*\*Groups / Clubs:** Discount fees available to HRC Wellness Center Members and to members of S.W.F.T.R. / Team 4F Run Clubs.

- Divisions:** Male / Female
- Awards:** Top 6 in each Division will receive special awards

**Chip timing and results provided by: Heartland Timing**

**On Line Registration: <http://www.holcombcreation.com>**

- Questions:** Contact – Dan Knight, HRC Wellness Director at (620) 277-2152 or (620) 521-2643  
[hrcwellnessdir@wbsnet.org](mailto:hrcwellnessdir@wbsnet.org)  
Facebook @ Holcomb Recreation Commission

Bib Number:

# HRC Longhorn Stampede 2019

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_  
(Optional)

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Please Circle Division:            Male        Female

Group / Club Member:            HRC Wellness Center        S.W.F.T.R.        Team 4F

Age: \_\_\_\_\_            DOB: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_            T-Shirt Size: \_\_\_\_\_

**Pre-registration Deadline is: 5:00pm on Thursday, May 9, 2019**

Event Fee:	Group / Club Fee	Non-Members Fee	
Thur May 9	\$20.00	\$25.00	
After May 9	\$25.00	\$30.00	= \$ _____

Additional T-Shirts: Youth or Adult - Sm\_\_\_ Med\_\_\_ Lg\_\_\_ XL\_\_\_ 2X\_\_\_ 3X\_\_\_ @ \$15.00ea. = \$ \_\_\_\_\_

Paid:        Check        Cash        Staff Initial: \_\_\_\_\_            Total            = \$ \_\_\_\_\_

Return Entry Form to: **Holcomb Recreation Wellness Center**  
**Longhorn Stampede**  
**106 Wiley St.**  
**or P.O. Box 78**  
**Holcomb, Ks. 67851**

**Liability and Photo Waiver:** It is specifically understood that participation in this event has potential dangers. I acknowledge that potential and understand that Holcomb Recreation Commission, Holcomb Unified School District #363, their agents, employees, volunteers or officials are not liable for any claims arising out of injury or accident, unless occasioned by wanton and willful negligence.

I hereby give permission to HRC and/or USD #363 to use any and all photographs taken of myself or my child for posting to the website, on printed materials or other media. I hereby waive any rights or interests that I might have in any and all images without compensation to me.

Signature: \_\_\_\_\_

Parents Signature (if under 18): \_\_\_\_\_